

WASTE DIVERSION

IN ACTION



A GUIDE TO ORGANICS, RECYCLING AND WASTE
IN ROCKY MOUNTAIN HOUSE



MY **GREEN CART** COLLECTION DAY IS:

Every week in spring/summer

Every other week in fall/winter

MONDAY

MY **BLUE OR BLACK CART** COLLECTION DAY IS:

E. of Hwy. 11 and S. of Hwy. 11A Wednesday

N. of Hwy. 11A and W. of Hwy. 11 Thursday

BLUE AND BLACK CARTS ARE COLLECTED IN ALTERNATING WEEKS.

WWW.ROCKYMTNHOUSE.COM/P/ORGANICS

WWW.ROCKYMTNHOUSE.COM/P/RECYCLING

WWW.ROCKYMTNHOUSE.COM/P/ECO-CENTRE



2026

TOWN OF ROCKY MOUNTAIN HOUSE
403-845-2866

QUICK REFERENCE: ORGANICS



FOOD AND FOOD SCRAPS

If you can eat it, you can toss it in your green cart!

- fruit and vegetable peels and cores
- corn cobs and husks
- dairy products
- egg shells
- baked goods
- nuts and shells
- plate scrapings
- solid fat and grease
- meat, fish and bones



PLANTS

More than just yard waste!

- leaves and yard waste
- dirt, soil and rolled sod
- houseplant clippings and flowers
- grass clippings, weeds (excluding noxious weeds)
- branches and prunings (maximum 1inch diameter; 3 ft in length. Must fit in the cart with the lid closed. No elm.)



FOOD-SOILED PAPER

Any paper goods that touched food!

- tea bags
- greasy pizza boxes
- flour and sugar bags
- paper plates and straws
- paper muffin wrappers
- paper coffee bags and filters
- paper towels, tissues and napkins
- paper or cardboard food containers and drink trays



NATURAL FIBRES

These are all compostable!

- sawdust
- dryer lint
- hair and nail clippings
- wooden toothpicks and chopsticks, popsicle sticks



PET PRODUCTS

Yep, these, too!

- kitty litter
- pet fur, feathers
- bird seed and pet food
- animal bedding (ie: wood shavings, hay)
- pet waste wrapped in paper or double bagged in paper only.



QUICK REFERENCE: KITCHEN CATCHER TIPS



Commercial kitchen catchers are available from many retailers, but you can use just about anything as a 'kitchen catcher'! This is the name given to the box, container, bucket or pail you keep in your kitchen to store daily organic waste. If you are new to composting, here are some easy tips:

- Wrap food scraps in food-soiled paper, newspaper or paper bags.
- Collect food scraps in a cereal box or tissue box (remove any plastic lining first!) or a reusable container.
- Line your kitchen catcher with newspaper or a paper bag and when it's full simply dump it in our green cart!
- Keep your kitchen catcher handy - on your counter or under the sink. Discard your food scraps and paper towels into it as you cook or clean up. If you're used to dropping kitchen scraps in the garbage, place your catcher next to it to get into the habit.
- Empty your kitchen catcher into your green cart regularly and especially before your collection day.



BONUS TIP!

Cooking for a crowd? If you know you'll have a lot of food scraps or plate scrapings, deposit them directly into an empty cereal box (with plastic liner removed). The whole box can go right in your green cart!

WHAT ABOUT THE SMELL?

Try these tips to eliminate odour:



- Sprinkle in some baking soda or wash your kitchen catcher with vinegar.
- Line your kitchen catcher with newspaper or your Green Cart with cardboard.
- Rinse your cart with a garden hose.
- Store your cart in a cool place out of the sun.
- Wrap food scraps in a paper towel, newspaper, paper bag or cardboard box.
- In summer, keep kitchen scraps in your freezer until collection day.
- Leave grass clippings on your lawn, or else mow and place clippings in your green cart just before collection day.
- Don't pack materials in tightly, or else they risk getting stuck in the cart during collection.



QUICK REFERENCE: CARE OF YOUR CART



LAYER IT.

Line your green cart with cardboard and layer kitchen and yard waste. Keep materials loose - don't pack it down.

SECURE IT.

Store your carts in a secure location on your property. Report damaged or missing carts to 403-845-3220.

ROLL IT.

Roll your cart to the curb by 7 a.m. on collection day. Bring it in by 7 p.m.

POSITION IT.

Wheels to the curb. Allow 1.5m/5ft of clearance on all sides.

CLOSE IT.

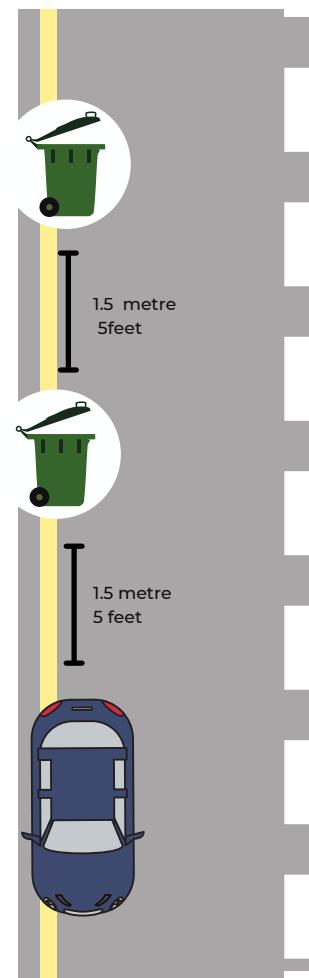
The lid must close completely. Overfull carts will not be collected.

LOOK UP!

Do not place it directly underneath wires or tree branches.

SHARE THE ROAD.

Place carts at the end of your driveway to leave room for on-street parking. Observe 1.5m/5ft of clearance from parked vehicles.



*Absolutely NO plastic, biodegradable or "compostable" bags, no matter what the label says.
If you must use a bag, make it paper!*



UNACCEPTABLE ITEMS

Your green cart will NOT be collected if it contains ANY of the following:

- coffee pods
- noxious weeds
- cigarette butts
- hazardous waste
- animal carcasses
- ceramics or glass
- motor oil or oil filters
- barbecue/firepit ashes
- lumber or treated wood
- plastic bags or containers
- medicine or medical waste
- personal hygiene products
- bricks/stones/concrete/cinder blocks
- diseased or pest-ridden branches or plants
- rocks
- metal
- rubber
- diapers
- garbage
- clothing
- styrofoam
- aluminum
- wine corks
- tree stumps
- glossy paper
- plastic straws
- radioactive waste
- fertilizer or herbicides

QUICK REFERENCE: CURBSIDE RECYCLING



CURBSIDE RECYCLING ACCEPTED MATERIALS:

- All rigid numbered plastics 1-7.
- Paper, boxboard and cardboard.
- Metal cans and foil trays.
- Beverage containers (these can also go to the Bottle Depot)

Rinse all items and place them in your **BLUE** bin. Set your bin at the curb by 7 a.m. on your assigned collection day.

THESE DO NOT BELONG IN CURBSIDE RECYCLING:

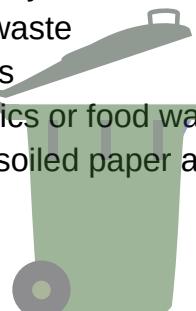
Put it in your **GREEN** cart!

Yard waste

Leaves

Organics or food waste

Food-soiled paper and cardboard



Put it in your **BLACK** cart:

Wax

Diapers

Styrofoam

Plastic bags and film



Take it to the **ECO CENTRE**

Tires

Glass

Electronics

Scrap metals

Wood and rocks/stones

Household Hazardous Materials

Mattresses/appliances (fees apply)



QUICK REFERENCE: ECO CENTRE



LOCATION AND HOURS

5315-44 Street

403-845-2162

Tuesday to Saturday,
10 a.m. to 6 p.m.
24-hour yard waste



ROCKY PASS

Town residents and businesses must have a Rocky Pass to access the Eco Centre. Cards can be picked up at the Town Office or the Rocky Regional Recreation Centre Guest Services with proof of Town address.

Non-residents and out-of-town businesses may purchase a Rocky Pass for annual access to the Eco Centre recycling and diversion programs.



HOW TO USE THE ECO CENTRE

- Check in with the attendant on arrival; show your Rocky Pass to be scanned.
- Keep children and pets in your car at all times.
- The Eco Centre is designed as a drive-through facility. Attendants are on hand to help you find the right bin for your materials, or look for signs!

FEES FOR RESIDENTIAL WASTE DISPOSAL AT THE ECO CENTRE

If you have excess residential waste that does not fit in your curbside black cart, you can bring it to the Eco Centre for disposal. Fees apply, as follows:

Garbage	\$3 per bag
Large items (e.g.: couches, exercise equipment, white goods)	\$10 per item
Mattresses	\$30 per item
Freon appliances	\$30 per item
Regular pick-up truck or small trailer	\$30 per load

As per Fees, Rates and Charges Bylaw

Loads larger than a half-ton box-size must go to the Regional Landfill for disposal.

QUICK REFERENCE: ECO CENTRE



CARDBOARD



- Flattened corrugated cardboard
- Boxboard (ie: cereal boxes)
- Cardboard and paper tubes/rolls

ELECTRONICS



- TVs and Computers
- Keyboards, telephones
- Printers & Small appliances

SCRAP METAL



- scrap metal

CLEAN WOOD



- Pallets
- Scrap wood and lumber
- NO paint or treated lumber

GLASS



- Clean glass only
- Caps, stoppers and lids removed

YARD WASTE



- Branches
- Leaves (paper bags only)
- Grass clippings (paper bags only)
- Real Christmas trees
- Yard waste that is too large for your green cart

QUICK REFERENCE: ECO CENTRE



OIL & ANTIFREEZE



- Place containers on bench - attendants will handle products

BATTERIES & TIRES



MIXED RECYCLING



As collected in your curbside clear bag:

- All rigid numbered plastics 1-7.
- Paper, Boxboard and Cardboard.
- Metal Cans and Foil trays.

HOUSEHOLD HAZARDOUS MATERIALS



- In original packaging/container

QUICK REFERENCE: FEES FOR ITEMS/WASTE



APPLIANCES \$30



- \$30 fee for fridges and freezers (freon-removal charge)

MATTRESSES \$30



- dry mattresses
- \$30 fee

BAGGED HOUSEHOLD GARBAGE

\$3/BAG

- Bagged household garbage (normally collected in your black curbside cart)
- No commercial waste accepted.



LARGE GARBAGE (ie: furniture)

\$10/ITEM

- Couches, chairs, exercise equipment, white goods etc.



PICKUP OR SMALL TRAILER

\$30/LOAD

- Regular pick-up truck or small trailer load of household garbage.
- No commercial waste accepted.



QUICK REFERENCE: BLACK CART



With so many items being compostable or recyclable, you'll soon find your black cart isn't getting quite so full!

THIS IS THE PLACE FOR TRUE TRASH!

- Styrofoam
- Plastic bags and film
- Diapers
- Feminine products
- Cigarette butts and ashes
- Plastic straws
- Chip bags
- Snack packaging
- Candy wrappers
- Coffee cups
- Pet food bags
- Plastic 6-pack rings
- Plastic cutlery and stir sticks



2026 RESIDENTIAL CURBSIDE COLLECTION CALENDAR

JANUARY

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

FEBRUARY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

MARCH

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APRIL

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JUNE

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

JULY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

AUGUST

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER

S	M	T	W	T	F	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Green bin (organics)



Holiday schedule change

Blue bin (recycling)



Black bin (garbage)



Eco Centre fees for excess residential garbage waived.



Free reuse and upcycling weekend!

www.rockymtnhouse.com/p/kickit

WEDNESDAY collection route is South of Hwy. 11A and West of Hwy. 11

THURSDAY collection route is North of Hwy. 11A and East of Hwy. 11

For information or to report a missed

pick-up, please phone 403-845-3220.

